

JESSOP JOURNAL

A NEWSLETTER FOR PATIENTS OF JESSOP MEDICAL PRACTICE

***** *Practice News* *****

Welcome to our Autumn Newsletter. Many of you will now have visited our new Surgery in Leabrooks and we hope you are as happy with it as we are. Our official opening ceremony on the 25th May was a great success. Music and nibbles were enjoyed by all and it was lovely to invite Dr Meakin and Dr Haworth back to do the official opening honours.

Our contact details remain unchanged.

Jessop Medical Practice
Greenhill Primary Care Centre
Greenhill Lane
Leabrooks
Derbyshire
DE55 1LU
Tel: 01773 602707/607220

Jessop Medical Practice
Church Farm Primary
Care Centre
Steeple Drive
Ripley
Derbyshire
DE5 3TH
Tel: 01773 514110

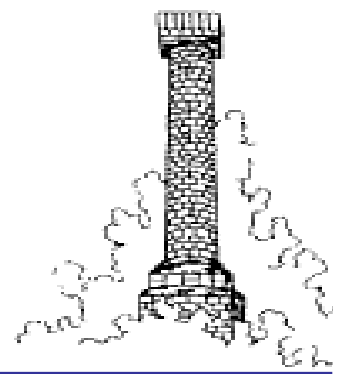
We are open 7.30am– 6.30pm at both sites Monday to Friday.

*** NEW DEVELOPMENTS ***

We are pleased to welcome Dr Samantha Triggs and Dr Laura Saunders back to the practice for their final year of General Practice training. They will be with us until August 2012. We also welcome Dr Fariha Irum to the practice who will be with us for 4 months as part of her General Practice training.

We look forward to welcoming Dr Eileen Parrott back to the Jessop team as a GP Partner in November after she has enjoyed some well deserved time to travel the world.

Congratulations to Dr Natalie Esposito on her recent marriage; she will be changing her name to Dr Alva.



OUT OF HOURS SERVICE

If you need to see a Doctor outside of normal surgery hours you should ring the usual surgery number and your call will be redirected to a trained operator at Derbyshire Health United (DHU). You may be asked to visit a local treatment centre or given telephone advice.

Practice Closures

We will be closed for training on the following Wednesday afternoons.

14th September 2011

12th October 2011

30th November 2011

25th January 2012

Please phone the surgery if you require medical assistance and DHU will be able to assist.

Flu Vaccinations 2011

BOOK YOUR APPOINTMENT NOW

This year our flu vaccination clinics are to be held on the mornings of Saturday 8th October 2011 and Saturday 29th October 2011. We would like to invite all patients who qualify for a Flu vaccination to phone and book an appointment. Jessop Medical Practice will not be sending out routine invitation letters this year or in the future.



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Do you qualify for a flu vaccination?

If you are in any of the following categories please book for a flu vaccination:

- You are 65 years old or older
- You have a serious heart or chest complaint, including asthma and COPD
 - You have a serious kidney disease
 - You have diabetes
- You have a lowered immunity due to disease or treatment such as steroid medication or cancer treatment, or if you have ever had a stroke
 - You are a carer

Our Practice Web site is www.jessopmedicalpractice.co.uk and has lots of useful information about us and health care on it. You can also follow us on Twitter @JessopMP

Patient Participation Group—Our mission Statement

The Patient Participation Group at Jessop Medical Practice is a group of patients working with the local community to contribute and provide support to the GP Practice.

Our aims:

- Actively help to improve communication with patients, the practice and wider health community.
- Contribute to continuous improvement of services.
- Build a relationship between the practice staff and patients.



Our PPG is up and running. We have had 3 meetings since our last news letter and members of the PPG will be around at the Greenhill site on the 6th September to hear your views. Are you interested in health care? Your thoughts can help contribute to practice changes and to the development of new services in the future. Please leave your details at reception or e-mail the practice via our web site.

Our next meeting will be at our new Greenhill surgery on Tuesday September 20th at 6.30 pm.

MISSED APPOINTMENTS

During June and July 241 doctors appointments (over 40hrs) and 249 Nurse/Minor illness appointments (over 62hrs) were not attended. This figure is alarming. We cannot stress enough how important it is that you phone reception to cancel your appointment if you are unable to attend for any reason. Please call us in good time to enable us to re-allocate that appointment to someone else who wishes to be seen.

Extended Hours

We now offer pre-bookable appointments every day from 7.30 am and once a week we open till 8pm. These appointments are primarily aimed a people who work and find it difficult to attend in working hours.

CVD Health Checks

Some of you may receive an invitation from our Health Care Assistant Sue Jackson, to attend for one of these appointments. They are a great opportunity for a thorough health check and a look at various aspects of related lifestyle issues. We would urge any patient who is sent an appointment to attend, as it could prove beneficial from a health point of view, and potentially prevent serious illness from developing.

Advice Corner

The dark evenings will soon be upon us again and for some of us, nasty coughs and colds will add to the gloom. Remember to wrap up warm, wear your hats, scarves and gloves. If you are unfortunate to catch a cold rest as much as possible. Drink plenty of fluids to prevent dehydration. Paracetamol and ibuprofen can lower your temperature and also ease aches and pains. Remember antibiotics kill bacteria and so will not help cold / flu symptoms.



If you have an older neighbour or relative keep a lookout for them during the winter to make sure they are safe and well.

Can we contact you?

Do we have your up to date contact details? Many peoples phone numbers change and we are trying to ensure we have the correct contact numbers for our patients in case we need to contact you urgently. Please let the surgery know your up to date numbers when you next contact us or drop in the slip below.

USEFUL TELEPHONE NUMBERS

Jessop Medical Practice

Greenhill Surgery	01773	602707/607220
Ripley Surgery	01773	514110

Hospitals/Clinics

Royal Derby	01332	340131
Ilkeston	0115	9305522
Kings Mill	01623	622515
Notts City	0115	9691169
Queens Medical	0115	9249924
Ripley	01773	743456
Ripley X-ray	01773	571436
Ripley Physio	01773	571435

Chemists

Acorn (Jacksdale)	01773	602759
Averroes (Leabrooks)	01773	600457
Boots (Alfreton)	01773	833121
Boots (Ripley)	01773	743170
Boots (Church Farm)	01773	748192
Codnor	01773	742376
Hursts	01773	744333
Manor (Alfreton)	01773	831177
Manor (Ripley)	01773	744900
P Williams (Co-op)	01773	602239
Riddings	01773	606222
Tambers	01773	608405

NHS Direct: 0845 4647
PALS: 0800 7837279

Please complete and drop in to either branch— thank you

Name:

Date of birth:

Address:

Home phone number:

Mobile: